### **BLUEBIRD SPRING PROGRAMS 2023 & SIGN UP SHEET** BOYS & GIRLS CLUB

Sign-Up Section On the reverse side must be signed and returned to Miguel for participation. Please check off all programs you would like your child to participate in.

### Spring Programs run from 4/17/23—6/2/23 (7-Weeks) with the exception of year-round Power Hour homework help.



**Power Hour**— Monday—Thursday w/ Freddy @ 3:00pm-4:00pm



Daily homework help and assistance! Earn Power Bucks for completing your homework and earn prizes at the weekly Power Store!



Soccer Club — Mondays w/ Luke @ 3:15pm

Members will learn the fundamentals, tactics, and comradery of soccer!



Triple Play -- Mondays w/ Lauren @ 4:00pm

Through their minds, bodies, and souls, members interact in fun and exciting games.



Garden Club — Mondays w/ Miguel @ 4:00pm

Learn everything from preparing a living soil to the process of germinating seeds and getting them to the seedling stage and ready to plant!



Elements of Art—Tuesdays w/ Octavio @ 3:15pm



Members will learn about the 7 elements of art: Line, Shape, Color, Value, Texture, Space, and Form. Each week members learn a new art vocabulary term that they have to implement and express through an art project.



This program is an introduction to selfdefense martial arts. Member will have fun learning the fundamental skills and techniques with no sparing. A fun introduction to the art.

Tawkwondo – Tuesdays w/ Aden @ 4:00pm



Metamorphosis -- Wednesdays w/ Freddy @ 4:00pm

Learn about metamorphosis via the life cycle of a butterfly. The various stages of metamorphosis and reasons why different animals and insects go through this phenomenon.



Girls E-Sports — Wednesday w/ Lauren @ 2:00pm

> Learn the basics of computer science, coding, and net safety through Boys & Girls Club's online platform, My Future!



Kinder Club—Wednesdays w/ Sam @ 2:00pm

Activities to help kindergarteners learn fine motor skills, collaborate with one another, be creative and other useful skills that can be

used later in their lives.



Improv Club — Wednesdays w/ Conlan @ 3:00pm

Actor and staff member, Conlan, teaches members the in's and out's of improvisation.



Animal Art — Wednesdays w/ Kristen @ 4:00pm

Members will learn how to draw different animal styles by step in different art styles throughout time.



Groovy Games — Wednesdays w/ Sam @ 4:00pm

A program for all ages that works the mind and body through games! Members will play unique games that are exciting for all.



#### Graphite — Thursdays w/ Octavio @ 3:15pm

Members learn about different graphite techniques that will push them to draw more realistically. Members will learn about proportions and shading/value.



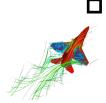
Podcast @ the Park — Wednesdays w/ Grecia @ 4:00pm

This program empowers our youth by providing them with a medium to bring their ideas to an audience. Members will create a podcast with weekly episodes for parents and other members to enjoy.



Shark Tank — Thursdays w/ Sophie @ 4:00pm

Members will learn what entrepreneurship is and will come up with their own products. They will work in pairs or groups to brainstorm, sketch, and build their own products. There will be presentations, arts and crafts, and learning about what it's like to start or own a business.



Discovering Aerodynamics—Friday w/ Freddy @ 3:15pm

In the program members will gain the knowledge of basic principles of aerodynamics and do small experiments that allow them to see the principles in action.



Girls Triple Play — Friday w/ Lauren @ 4:00pm

*Girls will focus on mind, body and soul in this sports and athletics driven program.* 



# Comic Book Makers — Friday w/ Derek @ 4:00pm

Members will use their artistic and writing abilities to create short comic books. They will learn the various aspects of writing comic books as well as the fun artistic styles used in comic book illustrations.

## **CONTACTS:**

Bluebird Branch Director: Miguel Contreras miguelc@bgclaguna.org 949-715-3057

Area Director: Stephen Tinen stephent@bgclaguna.org 949-715-3056

# Member Services: Aylin Espiritu & Nikki Wong ayline@bgclaguna.org & nikkiw@bgclaguna.org 949-494-2535



# **PARENT CONFIRMATION**

Member Name:
Parent Name:
Parent Signature:
Date: