SADDLEBACK VALLEY PROGRAMS SPRING 2023 & SIGN UP SHEET

<u>Sign-Up Section</u> must be signed and returned to Sandra for participation. Please check off all programs you would like your child to participate in.

Spring Programs run from 4/17/23—6/2/23 (7-Weeks) with the exception of year-round Power Hour homework help.



5 & GIRLS CLUB

Daily homework help and assistance! Earn Power Bucks for completing your homework and earn prizes at the weekly Power Store!

Power Hour— Monday—Thursday



Art 4 the Heart — Mondays @ 4:15pm w/ Emily

Members learn self expression, coping skills, and relaxation techniques through the arts. Practice with different mediums to hone art proficiency.



Triple Play — Tuesdays @ 4:15pm w/ Sandra

Members engage in new and creative games using their mind, body, and soul to learn physical and social skills!

STEAMwork Makes the Dream Work-

Wednesdays @ 4:15pm w/ Lauren



Members do team-based STEM engineering challenges. Challenges will require members to build bridges, ramps, and solve structural problems using everyday materials. Members will actively build skills of collaboration, leadership, and critical thinking.



<u>SMART Moves</u>— Thursdays @ 4:15pm w/ Emily

Members are introduced to fun and engaging activities that focus on their mental and physical well-being!

Lego Club — Fridays @ 1:45pm w/ Sandra



Members are given a weekly theme and the creative freedom to build with Lego, practicing their engineering and motor skills!

CONTACTS:

<u>Site Director:</u> Sandra De Santiago sandrad@bgclaguna.org

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PARENT CONFIRMATION

Member Name:
Parent Name:
Parent Signature:
Date: