



OPA SADDLEBACK VALLEY FALL PROGRAMS 2023

Fall Programs run from 9/18/23—11/17/23 (9-Weeks)



Power Hour— Monday -
Thursday

Daily homework help and assistance! Earn Power Bucks for completing your homework and earn prizes at the weekly Power Store!



SMART Moves— Wednesdays
w/ Emily @ 3:45pm

Members are introduced to fun and engaging activities that focus on their mental and physical well-being!



Art 4 the Heart—Mondays w/
Emily @ 3:45pm

Members learn self expression, coping skills, and relaxation techniques through the arts. Practice with different mediums to hone art proficiency.



STEAM — Thursdays w/ Sandra @
3:45pm

Members will be learning elements of science (physics, color, light, and reactions) through experiments that create colorful and artistic pieces.



Lego Club—Tuesdays w/ Emily
@ 3:45pm

Members are given a weekly theme and the creative freedom to build with Lego, practicing their engineering and motor skills!



Triple Play —Fridays w/ Sandra @
3:45pm

Through their minds, bodies, and souls, members interact in fun and exciting games.

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