



the

CLUB

@ LA PAZ WINTER PROGRAMS 2024

Winter Programs run from 1/22/24—3/22/24 (8-Weeks)



Power Hour— Monday -
Thursday

Daily homework help and assistance! Form good study habits and build collaborative skills while doing homework.



Triple Play/SMART Moves—

Tuesdays & Thursdays w/
Lauren

Members will play indoor and outdoor team games that build confidence, good sportsmanship, and mental wellness. They will also learn to better manage their emotional wellness through mindfulness exercises and yoga.



Pop Culture—Mondays @ w/
Chloe

Members will learn valuable life lessons through specific moments in pop culture.



Cooking Club—Wednesdays @ w/
Chloe

Members will learn about cultural foods, healthy habits, and basics of food preparation. They can sign up for certain days vote for what foods they would like to prepare.

Stephen Tinen, Area Director

stephent@bgclaguna.org

949-886-2327

Lauren Kobayashi, Site Lead

laurenk@bgclaguna.org

949-886-2972

Aylin Espiritu, Member Services

stephent@bgclaguna.org

949-494-2535