



# OPA SOUTH ORANGE COUNTY WINTER PROGRAMS 2024

Winter Programs run from 1/22/24—3/22/24 (8-Weeks)



**Power Hour**— Monday -  
Thursday

*Daily homework help and assistance! Earn Power Bucks for completing your homework and earn prizes at the weekly Power Store!*



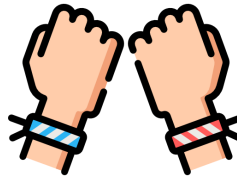
**SMART Moves**—Tuesdays w/  
Emma @ 4pm

*Members will learn different ways they can regulate their emotions including breathing techniques using hot chocolate and group yoga sessions. members will develop their connections with each other and practice uplifting others.*



**Triple Play**—Mondays &  
Thursdays w/ AJ @ 4pm

*Targeting the mind, body, and soul, members engage in a series of fun and exciting games.*



**Friendship Bracelet Club**—  
Wednesdays w/ Gabby @ 4pm

*Members will bond and make friendship bracelets. They will improve their social skills, creativity, and strengthen their communication skills while being in a fun, safe, and comfortable environment*

Stephen Tinen, Area Director

[stephent@bgclaguna.org](mailto:stephent@bgclaguna.org)

949-886-2327

Gabby Garcia, Site Director

[gabbyg@bgclaguna.org](mailto:gabbyg@bgclaguna.org)

949-554-4514

Aylin Espiritu, Member Services

[ayline@bgclaguna.org](mailto:ayline@bgclaguna.org)

949-494-2535