

## SADDLEBACK VALLEY WINTER PROGRAMS 2024

Winter Programs run from 1/22/24-3/22/24 (8-



<u>Power Hour</u>— Monday -Thursday

Daily homework help and assistance!



Lego/Tinker Toys Club Emily @ 3:45pm

Members practice their engineering and creative thinking skills while building!



<u>Art 4 the Heart</u>—Mondays w/ Emily @ 4pm

Members learn self expression, coping skills, and relaxation techniques through the arts. Practice with different mediums to hone art proficiency.



<u>Triple Play</u>—Fridays w/ Sandra @ 4pm Through their minds, bodies, and souls, members interact in fun and exciting games.



<u>SMART Moves</u>— Wednesdays w/ Emily @ 4pm

Members are introduced to fun and engaging activities that focus on their mental and physical wellbeing!



STEAM — Thursdays w/ Sandra @ 4pm

Members will be learning elements of science (physics, color, light, and reactions) through experiments that create colorful and artistic pieces.

## Middle School Programs



<u>Scavenger Hunts</u>—Mondays w/ Taylor @ 4:00pm

Weekly expeditions focusing on Health & Wellness!



Debate Club 4:00pm

Our members will be given a series of appropriate and fun topics to Debate each other on. They will be learning how to effectively voice their opinions and defend their arguments.



<u>Triple Play</u>—Wednesdays w/ Taylor @ 4:00pm

*Through their minds, bodies, and souls, members interact in fun and exciting games.* 



Photography Club 4:00pm

Photography skills are developed through the lens of fun!