

## SADDLEBACK VALLEY WINTER PROGRAMS 2024

Spring Programs run from 4/15/24 — 6/6/24 (8-Weeks)



<u>Power Hour</u>— Monday -Thursday

naisuay Dailu kamawark k

Daily homework help and assistance!



<u>Triple Play</u>—Wednesdays w/ Emily @ 4pm

Through their minds, bodies, and souls, members interact in fun and exciting games.



## Art 4 the Heart – Mondays

w/ Emily @ 4pm Members learn self expression, coping skills, and relaxation techniques through the arts. Practice with different mediums to hone art proficiency.



SMART Moves — Thurs-

days w/ Sandra @ 4pm Members are introduced

to fun and engaging activities that focus on their mental and physical well-being!



## <u>STEAM</u> — Tuesdays w/ Sandra @ 4pm

Members will be learning elements of science (physics, color, light, and reactions) through experiments that create colorful and artistic pieces.



## Lego/Tinker Toys Club Fridays w/ Sandra & Emily @ 3:45pm

Members practice their engineering and creative thinking skills while building!